# Kelowna Guide

View from Cedar Creek Estate Winery





# year-round DELICIOUS

# at two eagles GOLF COURSE

# dine19.com

#### **Fish Tacos**

Flour tortillas, avocado salsa, warm turmeric rice, crisp slaw + tempura flashed basa finished with sweet soy glaze + sesame seeds, side of cilantro vinaigrette.

Gluten free option: pan seared fish on iceberg lettuce leaves

#### Pho King Lettuce Wraps (qf)

Pan-seared chicken + bell peppers in a peanut satay, in a trio of iceberg lettuce cups with sunomono slaw, julienne snap peas, peanuts + cilantro vinaigrette.

Vegan alternative with diced firm tofu available

#### Signature Steamed Buns

Vietnamese steamed bun, sweet + spicy short rib, cucumber slaw, miso sriracha aioli, garnished with sesame seeds

#### **Tempura Prawns**

Tempura flashed prawns (six), sunomono slaw, miso sriracha aioli + ponzu

menu and pricing subject to change

Pan Roasted Chicken Ross down farms 8 oz double breast, red jacket mashed. Wild mushroom sauté (gf) Prawn + Scallop embrace, lemon dill tarragon cream (gf)

Cabernet Braised Boneless Beef Short Ribs Red jacket mashed + natural red wine demi glace

Alberta AAA+ beef | aged 28 days | 6 oz (gf) 9 oz (gf)

Filet of Beef Tenderloin Alberta AAA+ beef | seven-ounce center cut aged 28 days.

Wild mushroom sauté (gf) | Prawn + scallop embrace, lemon dill tarragon cream (gf)

**Dry Aged New York Strip** Alberta AAA+, Sterling Silver beef | eight-ounce cut dry aged 35 days.

Wild mushroom sauté (gf) | Prawn + scallop embrace, lemon dill tarragon cream (gf)

lunch, dinner • full bar • reservations accepted

West Kelowna's ultimate choice for casual dining overlooking Okanagan Lake. Savour the Okanagan inspired menu with extensive wine offerings to be enjoyed after a round of golf at Two Eagles or anytime with friends and family. Discover one of West Kelowna's best kept secrets.



## 3509 carrington rd west kelowna **reservations** 250 768 3133

# Kelowna Guide - What's Inside

#### Visitor Info Page 4 -5

Did you know Okanagan Lake, the city's summer hotspot, stretches 128 kilometers? That Kelowna's original floating bridge—the first built in Canada—was replaced by the kilometer-long William R. Bennett Bridge in 2008? Or that "Kelowna" means "grizzly bear" in the language of the Interior Salish



people? Find out more about the Okanagan's biggest city.

#### Self-Guided Tours Page 18-11

Perfect for couples and families alike, these self-guided tours will take you through stunning city locales and idyllic orchards to some of the Okanagan's renowned wineries. This is the best way to explore our beautiful region, even if you're not a wine lover. Bring your camera—photo-ready vistas await.

#### Kelowna Art Galleries Page 12

Experience Kelowna's growing arts and culture scene featuring performances, plays, exhibits, art shows, galleries, unique shops, local coffee houses, live music, pubs, and much more.

#### **Region Shopping Centres** Page 13

Rainy day? Here's the best places to scratch that shopping itch—including Orchard Park Plaza, the city's largest mall and oldest with over 75 shops, restaurants, and services.

#### Downtown Kelowna Page 14-15

Nestled next to Okanagan Lake and featuring over 700 shops, restaurants, and venues, the city's downtown core has something for everyone, no matter the season. Catch a Kelowna Rockets WHL game, see a theatre production by the Kelowna Actor's Studio, or check out the mid summer. Rock the Lake music



event. Grab some ice cream, wander along the waterfront and take in the lake, beaches and sunshine.

#### Kelowna Golf Page 16-17

Featuring over 14 courses and a season that runs nine months of the year, Kelowna is a golfer's paradise. Enjoy orchard, lake, and vineyard views while playing a round (or several), then reward yourself with a casual or fine dining experience at an award-winning

clubhouse. Here's a list of a few prominent golf clubs, plus some feature courses worthy of a visit.

#### Events Page 17-18

Beer and wine festivals, markets, fun days, outdoor concerts with Parks Alive!, the Fat Cat Children's Festival ... the list goes on. See the events schedule for some engaging year-round activities.



#### Kettle Valley Railway Page19-20

The Kettle Valley Railway—an extension of the Canadian Pacific Railway no longer in use—remains one of Kelowna's biggest and most popular attractions. Experience history, breathtaking panoramas, and excellent walking or cycling trails in Myra Canyon. This should be on your must-see list.

#### Attractions Page 22 - 23

Rock Climbing, putting courses, gokarts, kids play areas, Lazer Tag, and more—take part in the many paid and free fun things to do, indoors and out.

#### **Central Okanagan Wine Trails** Page 25 - 27

With acres of high-quality vineyards and over 200 wineries, the Okanagan has become one of the ultra-premium wine producing regions in the world. There are options for every palette—red or white, sweet or dry—from large and long established wineries to small, intimate family farms.

#### Take a Guided Wine Tour Page 29

Give yourself a special one day holiday within a holiday. Take a guided wine tour! They'll show you the special hidden gems, the new, the historic and the 'tried and true' wineries to visit. They know which wineries specialize in your favorite wine and they know the most efficient way to get there. Plus,



you don't have to drive, so can indulge in all the tastings, without worrying about a designated driver.

#### **Regional Parks** Page 31

The best local parks to visit by the lakeshore, on mountain tops, and along streams.

















# Visitor Information

#### **VISITOR CENTRES**

Tourism Kelowna - Downtown on the Lake	
238 Queensway Avenue,	250 861-1515
Westbank Visitors Centre and Museum is located at:	
2376 Dobbin Road, Westbank,	250-768-2712
Kelowna International Airport	1-800-663-4345

#### TRANSPORTATION SERVICES INFORMATION

#### AIR TRAVEL

Airport Terminal	ylw.kelowna.ca	250 765-5125
Air-Hart Aviation (Floatplanes)		250 762-9830
Air Canada Reservations		1-888-247-2262
Shell Aero Centre (Private Termina	l)	(250) 765-8155
Horizon Air Reservations		1-800-547-9308
Central Mountain Air		1-888-865-8585
WestJet Reservations		1-888-937-8538
United Airlines		1-800-684-8331
Air North		1-800-661-4070

#### **OTHER TRANSPORTATION SERVICES**

E Bus to Vancouver	https://myebus.ca/	1-877-769-328
Kelowna Airport Shuttle (	Lets Go Transport )	(778) 821-0101
Kelowna Transit System	bctransit.com/kelowna	(250) 860-8121
TAXI- Kelowna Cabs (19	81) Ltd.	(250) 762-2222
BC FERRIES Informatio	n Toll Free	1-888-223-3779
Red Dog Wine Tours (Kel	owna area)	1-866-477-5266



#### LIQUOR USE

The legal drinking age is 19 in BC. Anyone under 19 is a minor and not permitted in nightclubs & most pubs (some pubs allow families during certain times of the day; others do not). In restaurants a minor cannot purchase alcoholic beverages. This applies at wineries and wine tastings. In BC, there are serious consequences if you're caught driving with a blood-alcohol content between 0.05 and 0.08. These include steep fines, having your license suspended, and even losing your car. Only book wine tours with a company that picks up and drops off at your hotel so you can avoid driving over the legal limit.

#### **TIPPING & GRATUITIES**

Tips are not calculated on your bill, so we suggest you add a minimum of 10% to the bill's amount before taxes. (Most people tip between 15 and 20% depending on the quality of food and service you receive.



## EMERGENCY NUMBERS

West Kelowna. Downtown Kelowna Map Downtown West Kelown

Parks, Wineries and Golf

Central Okanagan Valley Map

Police / Fire / Ambulance	911
Non Emergency Police	250 762-3300
Kelowna General Hospital	250 862-4000
Non Emergency Health Information	811
Crisis Line	250 493-6622
Kids Help Phone	1-800-668-6868
Emergency Prescriptions	250 763-5312

#### TAXES ON PURCHASES

The goods and services tax (GST) of 5% will apply to various goods and services you purchase during your stay in Canada. An additional 7% Provincial Sales Tax (PST) applies to certain purchases. 2% city levy is charged on hotel, motel and resort accommodations in Kelowna.

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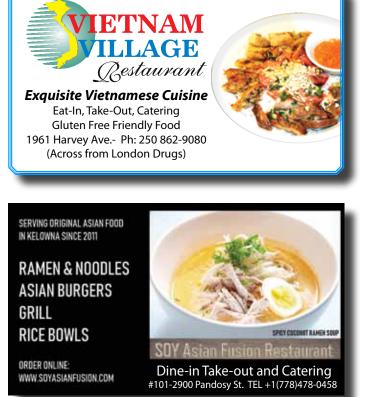
Ask Guest Services for the Kelowna Visitors Map. Detailed map of Kelowna and Suthe Pault





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WE DELIVER





# Self Guided TOURS of KELOWNA

Perfect for couples and families alike, these self-guided tours will take you through stunning city locales and idyllic orchards to some of the Okanagan's renowned wineries. This is the best way to explore our beautiful region, even if you're not a wine lover. Bring your camera—photo-ready vistas await. Also visit www.kelownaguide. com for maps, and use the GPS function on your Smartphone to find your way.

Check out the article on "What you should know before you go on a Self Guided Wine Tour" on page 28.

The article on page 29, "Take a Guided Wine Tour" will give you an idea of what to expect. Paying for a guided tour is the best way to get the best value for your time.

Page 30 and 31 has some great information on Biking and Hiking tours in the area.

#### **KELOWNA CITY CENTER**

Start your tour of the City Centre in the Cultural District, the area around the Grand Hotel. Here you will find The BC Wine and Orchard Museum, the Kelowna Art Gallery, and the Rotary Centre for the Arts. A number of other great galleries and museums are located nearby. See "Downtown Kelowna" on page 14 for more information.

Kelowna's oldest winery, Calona Vineyards, is located at 1125 Richter Street, just North of the cultural district. It is home to 3 VQA Brands including Peller Estates,



Calona Vineyards and Sandhill. An urban winery, there are no vineyards here, but the winery does do tastings and food and wine pairings. See the article on the Wine routes for more information, page 33. Just around the corner is BC Tree Fruits, where you can taste their apple cider and pick up some fresh Okanagan fruit.

Knox Mountain, located at the North end of downtown, just past Calona Vineyards, boasts a great view of the city. You can either hike or drive right to the top. See the



1950 Harvey Avenue at Spall Road (Spall Plaza) 250-860-2771

article on page 39. Circle back to the city centre, by walking down Water Street. Take a tasting break at the Tree Brewing Tasting Institute, and pick up some "Thirsty Beaver", also available in most pubs. Stop into the Kasugai Japanese Gardens behind City Hall, a blissful, peaceful retreat, and then hit Bernard Avenue for a bit of shopping.

If you are interested in having some fine food with your fine Okanagan wine visit La Bussola Fine Italian Dining; Mamma Rosa's is another excellent spot.

#### SOUTHWEST MISSION.

To get to the Mission wineries head south on Pandosy Street. Water Street turns into Pandosy at HWY 97, which eventually turns into Lakeshore Road. Along Lakeshore Road itself, in the South Pandosy district, are several great restaurants, parks and beaches. A local favourite, Gyro Beach has beach volleyball, a kids playground right in the lake and lots of beachfront. Just past here is Rotary Beach Park, where you can rent stand up paddleboards and kayaks. On a windy day this is the perfect spot to watch the kite surfers.

Stay on Lakeshore Road until the set of lights where it veers right. Go straight ahead onto Chute Lake Road. The entrance to Summerhill Pyramid Winery is about 500 meters past the intersection. They have a wine shop, a restaurant and offer tours and



are part of the Lakeshore Wine Route that is marked In the Okanagan Wineries section of the Kelowna Visitors Map.. There are 4 wineries in this area with spectacular views overlooking Okanagan Lake.

From Summerhill return to Lakeshore and head west along Okanagan Lake. Here you will find two other wineries: St. Hubertus Winery and Cedar Creek Estate Winery.

Just past Cedar Creek is Carmelis Goat Cheese Artisan, where you can buy a little goat cheese or goat's milk ice cream to go with your wine. This is really the end of the road, but close by is both access to some great walking trails and a dog park right on the beach if your pouch needs a swim.



Backtrack along Lakeshore and turn right onto Dehart road for your last Lakeshore Wine Route winery -

Tantalus Vineyards.,.On your way back towards town you can take a walk along the Mission Creek Parkway – see the article on Walks and Trails on page38. If you choose to see some more wineries, turn right (east) on KLO Road, to visit the FabFive wineries on the South East Bench of Kelowna.

#### EAST KELOWNA.

East Kelowna is actually in the Southeast Bench area of the city. Start your tour from KLO road. Turn right on Benvoulin and visit both the Father Pandosy Mission (a step back into Kelowna's past) and Sperling Vineyards. The Mission was established in 1859 and was the first non-native settlement in all of central BC. This is where the name for Mission Creek, which flows through this area, comes from.

Backtrack to KLO and follow it to Spiers Road (just across the bridge over Mission Creek). Turn right here. This is another access point and parking area for the Mission Creek Parkway, or you can continue driving to visit The View and Spierhead Wineries, two wineries along the FabFive Wine Trail. The wineries in this area are all small and family owned - charming, intimate and fun. The Fab Five consists of The View, Spierhead, Camelot and House of Rose Winery. Both House of Rose and The View have tours.



Make sure you visit them all, not only are they each different, the views as you drive are terrific.

During cherry season you will find several U-Picks in this area, particularly around House of Rose Winery. House of Rose holds free music concerts every Thursday night in the summer and have a very peaceful picnic area. It's a great way to end your day.

On the way back, stop at the Mission Creek Greenway located between House of Rose and Camelot Wineries. Here you can access some great easy hiking trails as well as the Mission Creek Mountain Bike Skills Park.



The East Kelowna bench is a beautiful plateau with paved country roads and lots of orchards and agriculture. Watch for tractors on the road as you drive!

On the corner of East Kelowna Road and McCulloch Rd is McCulloch Station Pub,

which is a great place for lunch or dinner overlooking orchards and golf courses. Beside the Pub is Orchard Greens Golf Club



which also has a restaurant, aptly named The Bunkhouse Restaurant. If you continue along McCulloch Road you will find a meadery as well as a cidery. Further up is also one of the access points for the Kettle Valley Rail Trail. The going is rough near the top – not a good road for a sports car if that is what you are driving!

If this all sounds like a beautiful way to spend an afternoon without driving, consider an afternoon sightseeing wine tour that goes through the Lakeshore and East Kelowna region.

#### NORTH KELOWNA

Most of the North Kelowna wineries are actually in the District of Lake Country. The fold out Kelowna Visitors Map includes



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this area in the North Kelowna Inset Map portion. From downtown, head north on HWY 97 out of Kelowna past UBC Okanagan and the Kelowna Airport. If you are interested, you can take a quick tour of the UBC – Okanagan campus. Just past the airport turn right and follow the signs for Ancient Hills Winery. Double back onto the Highway and head past Woods Lake into Lake Country. Lake Country is a sprawling area that extends from the valley, over a gentle slope to Okanagan Lake on the Westwhere we find 3 more wineries. Take a left off HWY 97 to Berry Road and follow the signs to Arrowleaf, Ex Nihilo Vineyards and Gray Monk Estate Wineries.

Gray Monk Estate Winery has the Grapevine Restaurant and a new, enlarged wine shop. Pick up a bottle of Latitude 50, their well known white wine: it is excellent and a good price to! These Wineries are located close to



Latitude 50. Further along are three more wineries to explore, following this beautiful vineyard and orchard area with great views of Okanagan Lake. Explore the area while you are out there, it is beautiful.

#### West Kelowna

West Kelowna offers some beautiful vistas and is just a10 minute from downtown Kelowna over the bridge. The Kelowna Visitors Map also includes West Kelowna and the wineries are marked on the map with a big pink dot. The first winery you will come to is the new First Nation owned Indigenous Winery, on your right just at Boucherie Road. After, cross the Highway onto Boucherie Road and follow it up and over the hill to get to most of the wineries. There are several wineries along this road including Volcanic Hills, with the blu SAFFRON Bistro, and right beside it Mt. **Boucherie Winery.** 

Both wineries have wine shops and offer tours. Mt. Boucherie (the mountain) is a small mountain that looms over the wineries, and is an extinct volcano. Volcanic soil is very good for growing wine grapes. Further down Boucherie Road is the Hatch Winery. The next winery is the largest in the area. Mission Hill Family Estate is located

on top of the hill, just up Mission Hill Road off Boucherie Road. It boasts a spectacular view from its high vantage point, impressive architecture and a large wine shop, tours and tasting and the Terrace Restaurant. Back on Boucherie Road, the last winery in this area in Quali's Gate, again with beautiful views and a restaurant.

If you think it is time to hit the beach, just keep driving on Gellatly Road. West Kelowna Waterfront has the newly developed Gellatly Bay Water park with a Zip line over the water, a nice walkway, Willow Beach and the Gellatly Nut Farm. From this area you can see how Okanagan Lake bends, which marks a major bedrock cross fault for those interested in geology. In this area, many vineyards are located on Eocene sedimentary and volcanic bedrock.



## De Breakfast, De Brunch, De Lunch, De Licious.



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For more locations visit dedutch com



LOCALS GO



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Michaelbrookgolfclub.com Located behind the H2O centre in Mission 1085 Lexington Dr. Kelowna BC 250 763-7888 Go a little further and visit both Off the Grid and Kalala Organic Winery on Glencoe Road which is just past downtown West Kelowna off HWY 97. These are both organic wineries, Off the Grid is truly off the grid, with goats and other farm animals wandering about. You will also find orchards and fruit stands along the way.

#### WESTBANK FIRST NATION

At Westbank First Nation (WFN), located between Kelowna and West Kelowna, you will find a variety of recreational and cultural activities suitable for the whole family. An afternoon spent at Two Eagles Golf Course—a state of the art golf facility overlooking Okanagan Lake—is the perfect addition to a weekend of winery tours.



Then, following a round (or two) of golf, visit 19 Okanagan Grill & Bar, the course's adjoining fine dining restaurant known as one of the most popular on the Westside.

Just minutes from downtown Kelowna, 19 Greens Premier Putting Course sits right next to the lake on Campbell Road. The 18hole putting course, and 18-hole mini-golf course, offers a fun outing for all ages. Just off Hwy 97, between West Kelowna and Kelowna, sits Whiplash Cable Wakepark, Safari Ridge Adventure Paintball and Outdoor Laser Tag,

After an afternoon of golf, stop in at Indigenous Winery (mentioned above), a fully owned First Nations winery with a small restaurant on-site.

To learn about the Okanagan's unique First Nations culture and history, drop in for a tour at the Sncwips Heritage Museum, which houses a collection of preserved and restored First Nations art and artefacts that reflect the heritage and natural history of the syilx/Okanagan Peoples.

#### SUMMERLAND, & PENTICTON

While staying in Kelowna or West Kelowna, a tour of the Peachland, Summerland and Penticton areas can easily be done in a day trip. There are several wineries here, so if you enjoyed touring the Kelowna wineries a day trip south would be well worth it. There are a couple of wineries off HWY 97 on the way. Go through downtown Summerland, a very nice little town, and follow Victoria Street to access several small wineries. Most are along the slopes of Giants Head Mountain, another volcanic mountain, and close to an existing stretch of the old Kettle Valley Railway.

You may also want to take a 90 minute ride on the historic Kettle Valley Steam Railway, see ad & article on page 28. After Summerland make your way to the East side of Penticton, first to Johnson Road and then Naramata Road. You will find lots of wineries along the Naramata Bench, far too many to mention here. Most are located on the Eastern slope of Okanagan Lake and have nice wine shops, some with restaurants and great views.



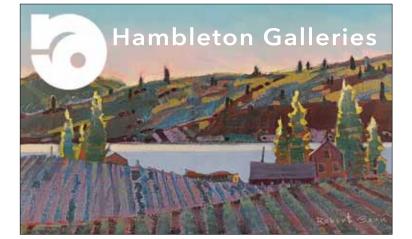


#### **Hambleton Galleries**

The Hambleton Galleries have been the Okanagan's fine art gallery since 1963, showcasing the best Canadian contemporary and historic artists. We're proud to exhibit many talented local artists known throughout Canada and the world, alongside Canadian greats like the Group of Seven, Robert Genn, Daphne Odjig, Ted Harrison, Alex Janvier, and many more - Worldwide shipping. 1290 Ellis St www.hambletongalleries.com 250-860-2498

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# "Sequence of Nature" by John Reyll

# picture perfect

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#### **Kelowna Art Gallery**

Founded in 1976, the Kelowna Art Gallery now features over 814 permanent art pieces and, in 2014, welcomed 16,000+ visitors. Like the neighboring Rotary Centre, the Art Gallery features a variety of exhibitions: in the past, an interactive "Back to the 80s" feature or the eclectic Artist's Garden Project. There's also available art classes, camps, Family Sundays, public tours, and an art lab for people who want hands-on experience. A slew of events, including public talks and presentations, will grow your knowledge of the arts. *kelownaartgallery.com* 







Kelowna, BC 75 Shops & Services HYW 97 & Cooper Rd. www.OrchardPlaza.ca

# **Regional Shopping Centers**

The region's largest shopping centre, Kelowna's **Orchard Park Mall**, is filled with over 170 stores ranging from fashion, accessories, shoes, beauty products, and electronics. Open Sunday to Tuesday from 10am to 6pm, Wednesday to Friday from 10am to 9pm, and Saturdays from 9am to 6pm, there is lots to see here. See www.orchardparkshopping. com



Immediately across from Orchard Park Mall, on Harvey and Cooper, is **Orchard Plaza**. It is a Plaza with over 75 shops, restaurants and services, including Save on Foods, MEC, Winners and Lee Valley. It's also home to a Famous Players 5 screen cinema center.

**Spall Plaza** is located nearby at Harvey Avenue and Spall Road. It has outlet stores, a London Drugs, a large toy store and an IHOP.

Travelling North/West on Hwy 97 North you will find **Dilworth Center** with Staples, Safeway, Jysk, as well as restaurants and smaller shops. Behind this is the Great Canadian Super Store just off Underhill Street, and to the North on Hwy 97 is Canadian Tire.

At the intersection of Hwy 97 and Banks Road you will find **Central Park Shopping Center.** There is a Golf Town, Home Depot, Home Sense, Home Outfitters, Pier 1, Urban Barn, Walmart, and a Marks Work Warehouse.

You will find a wide selection of shopping options in **Downtown Kelowna.** Boutique shoe and clothing stores, a huge variety of restaurants, great ice cream and gelato make for a wonderful stroll down the main street. Most shopping can be found on Bernard Avenue from Richter to the lake.

The major shopping center in West Kelowna is the **Westbank Hub Centre**. It has a Walmart, London Drugs, Home Depot, Canadian Tire, Super Store and Winners. Many other small shopping centres are found all along HWY 97 in West Kelowna.



# Downtown Kelowna

It's happening in Downtown Kelowna! With over 700 shops, services, restaurants, theatres and nightlife Downtown Kelowna is THE place to be no matter what the season.

Set on the lakeshore of beautiful Okanagan Lake, Downtown Kelownais home to a growing Cultural District, with galleries, theatres, restaurants and trendy retail. Visitors and guests will find numerous convenient amenities including shopping, coffee shops, pubs, a library, parks and gardens.

The Downtown Kelowna Cultural District is flourishing as the Rotary Centre of the Arts (RCA) celebrates their 13th Anniversary this year. Each year the RCA, a world-class venue, is home to visual and performing arts for visitors of all ages to try, learn and master their favourite.

The Kelowna Art Gallery is located next door to the Rotary Centre, in the heart of the Cultural District. One of Canada's most respected public art galleries, this expansive facility offers four exhibition spaces as well as two classrooms. While the gallery serves the Central Okanagan Valley with a variety of local, national and international exhibitions, it also offers a wide selection of public programs for all ages.

The Kelowna Actor's Studio, located Downtown on Ellis Street is also celebrating their 15th Anniversary will a full schedule of shows. Check out their website for all the details. "

The Kelowna Museums will take you back in time to when the Okanagan and was filled with "gold trails and ghost towns." Plan a day and take a walking tour of the Okanagan Heritage Museum, the BC Orchard Industry Museum, the BC Wine Museum and the Okanagan Military Museum. The stories, the pictures and the breathtaking exhibits will leave you amazed.

During the summer months the Cultural District is the perfect place to take a walk along the lakeside boardwalk, stopping to feed the ducks and the wildlife within the bird sanctuary. The boardwalk wraps around the waterfront, passing the Island Stage, home to a series of summer concerts, past the new Kelowna Yacht Club, Stuart Park and ending at the Sails, the most recognizable Kelowna landmark.

The Cultural District is also home to Prospera Place, home of the Kelowna Rockets of the Western Hockey League. The Rockets hosted and won the 2004 Memorial Cup which catapulted their success which continues today. A number of players from the organization have moved onto the National Hockey League including Jamie Benn, Shea Weber, Josh Gorges and Luke Schenn.

Downtown Kelowna is home to 222 retail stores, highlighting traditional and unique shopping experiences. Everything from shoes to menswear to a cocktail dress to a wedding gown, Downtown Kelowna has it all. Visitors will also find accessories, gift and specialty shops, jewelry and home décor.

Mosaic Books is the largest privately owned bookstore in the Valley and first opened their doors in 1968. From new releases, top authors, fiction, non-fiction, "how-to" books and everything in between Mosaic Books is a must stop on your walk through Downtown Kelowna. One exciting new development is the revitalization of The Town Centre Mall into **The District.** Combining rustic, locally sourced elements with cutting edge design trends, it's situated at the heart of downtown right on Bernard Avenue, be sure to check it out. Hosting clothing stores, Annegret's Fine European Chocolates, a coffee shop and more!



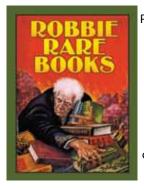
The Downtown Kelowna Visitor Centre welcomes visitors and connects residents with information on the many events and attractions in Kelowna and the Central Okanagan. Tourism Kelowna's Visitor Experience team, made up of staff and volunteers, can offer suggestions and insider tips for local 'must-sees' to make your time in Kelowna unforgettable. Souvenirs, including a selection of local artisan products, are available for purchase, as are tickets for a most local shows and events. The Kelowna Visitor Centre is located right on the lake at 238 Queensway.For hours and how we can help, visit

https://www.tourismkelowna.com/plan/visitor-centre/

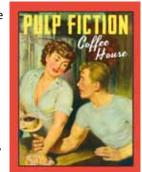


With over 90 restaurants Downtown Kelowna visitors certainly have their choice of where and what they want to eat. Asian, Italian, Indian, Casual and Fine Dining are highlighted in each corner of downtown. The eateries are continuously winning awards; including Okanagan Spirits (267 Bernard Ave.) named the 2015 "Distillery of the Year," in a worldwide competition.

Parents with hungry kids coming Downtown can rest easy with more than enough "kid friendly" restaurants, guaranteed to fill their little tummies. Boston Pizza, Kelly O'Bryans, Subway, Pita Pit, DunnEnzies Pizza, Memphis Blues BBQ are all perfect choices for an affordable family meal.



Pulp Fiction Coffee House. Espresso drinks, tea, pulp fiction art, books and antiques, all in a groovy retro atmosphere in downtown Kelowna on the corner of Pandosy and Lawrence.



If Downtown Kelowna visitors are looking for a cold beverage, a stop at any one of the 11 pubs can help. Summer is the ideal time to sit on one of the 50 patios and watch the world go by while working on your tan. A number of pubs host bands and solo artists throughout the year to add to their unique atmosphere.

Downtown Kelowna coffee and tea houses are often filled with business people on a break or students studying for their next exam. Whether visitors to Downtown enjoy the small intimate coffee shop, or the brand name "cup of java " with 13 different options, each place has a unique feel and atmosphere which relates to the "real" Downtown.

Two major Downtown Kelowna events will once again be featured this year. The Annual Block Party (formally known as Mari Gras) will take place in August as Bernard Avenue will be closed to vehicles from end to end and filled with activities, food, vendors, dancing and live entertainment. This huge event welcomes people of all ages to enjoy a day under the sun and walk down the newly revitalized Bernard Avenue.

The Annual Light Up! is Downtown Kelowna's signature Christmas event. In December, a number of venues will have activities for the whole family to enjoy. Lace up the skates and zip around the outdoor rink at Stuart Park or decorate a Christmas cookie after telling Santa Claus what you would like for Christmas. Once visitors get their fill of Christmas goodies, hundreds of people gather into Stuart Park with Santa for a few carols and the Light Up of the Christmas tree.

After Light Up! Ring in the new year with the New York New Year's Eve at Stuart Park complete with fireworks, music, skating, special lighting effects and other activities.

Small Shop promotions, the Taste of Downtown Kelowna, Rock the Lake and the Downtown After 5 business networking events are also extremely popular throughout the year.

The three Small Shop promotion days scheduled for April, June (Small Shop At Night) and October, focus on the retail portion of Downtown Kelowna. Small shops are the lifeblood of the Downtown, so make the pledge to shop small and local on Small Shop day. Participating businesses offer tremendous savings, a demonstration and/or some goodies within their stores. It's a perfect day to walk the streets of Downtown and explore. For dates and more information visit www.downtownkelowna.com/smallshop.

The "Taste of Downtown" showcases a number of the 90+ restaurants and pubs in Downtown Kelowna. Taste of Downtown visitors carry their passport from place to place sampling delicious complimentary food/drink from the participating restaurants. It's a fun-filled day for everyone to discover their new favourite restaurants.

The Downtown Kelowna After 5s are featured typically on the last Wednesday of each month. It is the Downtown Kelowna Association's signature business networking event. The business community comes together to network at a



different location each month. Every event is filled with wine, beer and appies along with outstanding prizes. Visit www.downtownkelowna.com.

During the summer months Downtown Kelowna hosts a number of live musical performances at Kerry Park, with Festivals Kelowna's Parks Alive. A community oriented concert series dedicated to entertaining visitors and featuring both amateur and professionals performing a variety of musical genres. See parksalive.festivalskelowna.com/ for a full schedule of music.

Downtown Kelowna is also home to hundreds of events, family fun, cultural performances, street festivals, sporting events and more! Events are added often, so keep checking www.downtownkelowna.com for the latest information.

Over \$500 Million! That's how much development money is being poured into Downtown Kelowna with current projects that have either started or have been approved.

The waterfront has gone through a dramatic change with the opening of the new Downtown Kelowna Marina. Visitors can walk onto the dock and rest their feet and boaters can dock for a short time to come ashore for lunch or an ice cream. The Kelowna Yacht Club's major expansion is complete and there is now a Cactus Club restaurant i on the main floor.. Downtown Kelowna now boasts Canada's largest freshwater marina.

More and more residential development is joining the stores and restaurants in Downtown Kelowna. Two large developments, of over 15 stories each are being built on Bernard, with an additional two in the Cultural District.

Downtown Kelowna is open for business and play 12 months of the year. With its unique shops, fabulous restaurants and growing Cultural District, Downtown Kelowna is on the verge of something amazing so come Downtown and see what's happening!



Low rates for boat rentals. No boating licence required! 4-hour rentals start at \$299. Our fleet includes pontoons, wakesurfing boat and open bow wakeboarding boats. We deliver and launch the boat at your location of choice. See downtown map for downtown boat launch locations.

# Playing Golf in Kelowna

#### By Aura Rose

With over 2,000 hours of sun every year, Kelowna boasts one of the longest and driest golf seasons in the country. Several of the tee boxes of the more than 17 golf courses offer incredible views of the lake, vineyards and orchards, making a round of golf incredibly picturesque. Courses range from easy-going to ego-shattering: there is something in Kelowna for every skill level. Numerous clubhouses offer après golf dining experiences that range from casual to gourmet andseveral have been listed among the Top 100 in Canada.

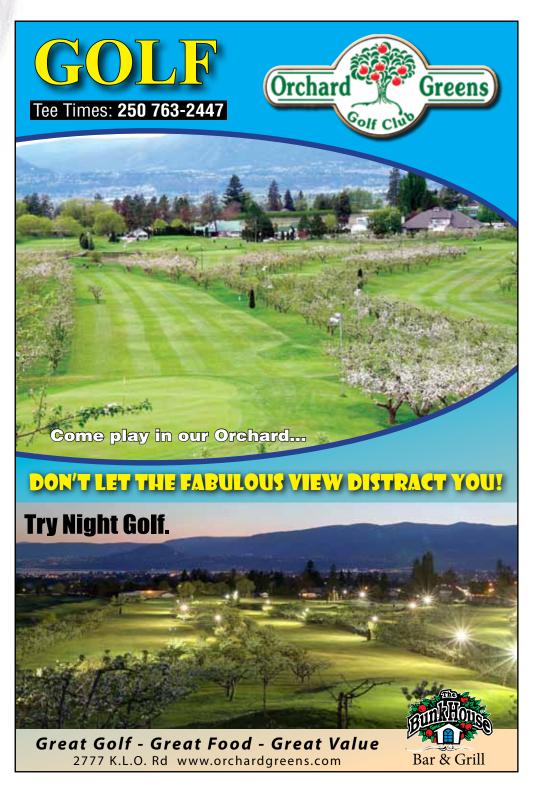
#### Some practical points:

- The golf season runs from approximately March to November
- Tee times should be booked in advance, especially in July and August.
- Remember that summer can be hot in the valley, so book an early tee off if possible.
- Some courses have a dress code, so be sure to keep that in mind.

For evening golf, consider **Orchard Greens,** the only golf course to flood light the course for the evening. This creates a new dimension to the game and allows you to beat the heat of the day. A combination of par 3's, 4's and a monster 553 yard par 5 9th hole – Orchard Greens has one of the most dramatic par 5's in the valley with the elevated tee box providing a breathtaking view.

Or try **Michaelbrook Ranch Golf Club**, an 18 hole mid-length, BCGA rated executive par 63 golf course. Located behind the H2O centre in the Mission area of Kelowna, there is a restaurant on site, the Brookside Grill, serving breakfast, lunch and dinner. The club exudes a relaxed atmosphere with a focus on fun, entertainment and great dining.

**Mission Creek Golf Course** iis a mature, mid length 18-hole golf course that borders the Mission Creek Greenway. Many species of birds and wildlife have made their home on the grounds. The course offers various



levels, challenging when played from the blue tees, while the white and red tees will suit any level of golfer. There is also a great restaurant on site: Chichinos Italian Restaurant, open daily for lunch and dinner. For a great putting course, try 19 Greens in West Kelowna. Located on the west side of the floating bridge, 19 Greens boasts 18 holes of grass putting course that is sure to excite the younger putters as well as experience golfers.



#### WHERE THE LOCALS GO

CHAELBR.

#### Michaelbrook Golf Club is widely considered to be the best golf course in its class in the Okanagan Valley! 18 hole mid-length golf course.

With 3,721 yards of beautifully manicured fairways with elevated tee boxes. Our course challenges all levels of golfing ability.

Tournaments run up to 144 guests, are fun and affordable.

Michaelbrookgolfclub.com Open 7 Days a Week 1085 Lexington Dr • 250 763-7888



Welcome to an awesome experience like no other! Immerse yourself in our intensely realistic full screen simulator bays using real sports equipment and play indoors 365 days a year. Precision high speed flight cameras track every move and display your stats directly on the screen. Play a round of golf on any of the 84 perfectly rendered courses from around the world. A quick touch of the screen and you can play hockey, baseball, lacrosse, soccer and more. Book our premium curved screen and enjoy big game hunting, target practice, and any of our other 13 sports. Bring the kids and play carnival games or zombie dodgeball on the big screen. The best entertainment value for your dollar! **Simplex Sportszone - 200 2600 Enterprise Way.** 





#### Mid-length 18 Hole Golf Course Affordable Golf for all Skill Levels

TEE TIMES 250 860-3210 19 WWW.MISSIONCREEKGOLFCLUB.COM KLO

1959 KLO Road

Great View - Licensed Patter

## 2019 FESTIVALS & EVENTS

#### MAY

Children's Fishing Program Mission Creek Park @ Hall Rd Pond and Shannon Lake Reg. Park 10-3pm + 250-469-614

#### May 3-12

Spring Wine Festival 250-861-6654 thewinefestivals.com

#### May 11

Great Okanagan Beer Fest Waterfront Park + 12-5pm downtownkelowna.com

#### May 17-19

Rutland May Days + Parade Sat Roxby Square \* 250-765-6516 rutlandparksociety.com

#### May 18-19

62nd Annual Knox Mtn Hillclimb KnoxMtnHillClimb.ca

#### May 31-Jun 1

Old Time Fiddlers' Contest Rutland Centennial Hall 250-764-7064

#### JUNE

#### Every Sat & Sun (Ends Jun 16) Children's Fishing Mission Creek Park « Hall Rd Pond

and Shannon Lake Reg. Park 10-3pm + 250-469-6140

#### Jun 1

Kalamoir Pancake Breakfast Kalamoir Regional Park 9-11am \* 250-469-6140

#### Jun 7

CHBA Annual Golf Tourney Harvest Golf Club chbaco.com

#### Jun 7-8 Fat Cat Children's Festival Waterfront Park

fatcatfestival.ca

#### Jun 8-9

Creative Chaos Craft Fair Vernon Recreation Complex 250-545-6963 + 44th Year! creativechaoscrafts.com

#### JULY

Canada Day Celebrations Waterfront Park

#### Jul 1

Jul 1

Kelowna Pops Orchestra and Folk Fest 8pm + Prospera Place 250-762-7255

#### Jul 4-6

Ogopogo Golf Tournament Kelowna Golf & Country Club 250-762-2531

#### Jul 6-7

Mission Painters "Art by the Lake" Show & Sale 4398 Hobson Road missionpaintersartgroup.com

#### Jul 7

7th Annual Okanagan Trestles Tour BBQ, Drinks, Live Music Cycle Route 20, 40 or 80km okanagantrestlestour.com

#### Jul 12-14

Westside Daze Kelowna Apple Triathlon westsidedaze.com

#### Jul 13

Downtown Kelowna Block Party 10-4pm - Bernard Avenue downtownkelowna.com/block-party

#### Jul 19-21

**Okanagan Tattoo Show &** Brewfest Kelowna Curling Club okanagantattooshow.com

#### Jul 20

Interior Savings Annual Across the Lake Swim » City Park acrossthelakeswim.com

#### AUGUST

#### Aug 1

Arts On The Avenue Visual Arts & Live Performances 300 to 400 Bernard Ave 4-10 pm

#### Aug 9-11

Rock the Lake Prospera Place Parking Lot **Classic Rock Festival** prosperaplace.com/rock-thelake-2019 + Tickets: 250-762-5050

#### Aug 10

Perseid Meteor Watch 8pm-11pm Kopje Reg. Park » 250-469-6140

#### Aua 11

Uptown Rutland Cruisin' the Park & Antique Show »« Lions Park 250-451-9861 \* ourrutland.ca

#### Aug 23-25

Entertainment and Food in City Park RibfestKelowna.com

#### Aug 24

Weicome the Kokanee Hardy Falls Regional Park 1iam-3pm + 250-469-6140

#### **SEPTEMBER**

#### Sept 7-8

Lake Country Art Walk 250-766-4406 \* artwalk-lc.ca

#### Sept 14

Terry Fox Run» Register 10am 1-888-836-978 @ terryfox.org

#### Sept 17

Uptown Rutland Sample Rutland Restaurants for \$20 ourrutland.ca

#### Sept 21

Volunteer Opportunities Fair Parkinson \* 250-763-8008 kcr.ca

#### Sept 22

**Kikinee Salmon Festival Mission Creek Regional Park** 1iam-3pm + 250-469-6140

#### Sept 27-29

Culture Days - Participatory Arts & Culture Activities Downtown Kelowna Parks

## **elowna**

More events list from http://www.tourismkelowna. com/events/kelowna-annual-events-festivals/

See more events or information at www.OkMapGuides.com

#### **OCTOBER**

#### Oct 4-14

Fall Okanagan Wine Festival 250-861-6654 thewinefestivals.com

#### Oct 6

**CIBC Run For The Cure** Kelowna City Park runforthecure.com

Scarecrow Festival - Lions Park 250-451-9861 \* ourrutland.ca

#### Oct 19-20

SunRype **Okanagan Marathon** okanaganmarathon.ca

Capital News Centre + 250-469-8800 kelowna.ca/recreation

Spooktacular Pumpkin Festival Mission Creek Reg Park 5-8pm

**KLO Kelowna Campus** 250-862-5473 \* okanagan.bc.ca

Remembrance Day Parade, **Ceremony City Park** 

#### Nov 24

Earth To Table Vegan Market Laurel Packing House \* 10-3pm earthtotablekelowna.com

Parking Downtown Kelowna

craftculture.ca

Craft Culture Holiday Market

#### Dec 8

Uptown Rutland Light-Up Roxby Park (corner Roxby & Hwy33) 250-451-9861 ourrutland.ca

## Kelowna's **FARMERS' MARKET**

The Kelowna Farmers' and Crafters' Market is an outstanding place to shop for a vast variety of local products on Wednesday's & Saturday's 8am to 1pm, rain or shine. We are located at the corner of Springfield Road and Dilworth Drive from April to October.

Our commitment to the "Make It, Bake It or Grow It" mandate makes it possible to have the best quality products produced by amazing Vendors.



The movement towards locally produced, locally grown, handmade products make shopping at the Kelowna Farmers and Crafters Market an enjoyable experience.

We are proud to be a vibrant part of the community and culture of Kelowna. We are one of the largest Markets in British Columbia, with over 165 Vendors showcasing the beauty and bounty of the Okanagan Valley. There are an incredible number of Farmers and orchardists producing high quality fruits, vegetables, meats, dairy products & honey. We have bakers and concessions preparing delicious wholesome, baked goods and delicacies, soups and meals. Artisans producing locally made soaps, facial cleansers & products, Potters, jewelers, painters, clothing designers, wood crafters, leather works, florals and much more ....

These talented producers are the heartbeat of this market, ensuring that quality food, unique products and treasures can be found throughout the Market.

Join us on Sunday's June to September at our Satellite Market downtown on St. Paul St. and Bernard, Sundays 9am to 2pm, for a unique experience

We present a variety of talented, artistic Buskers, amid entertainment for all ages. We have created a family gathering place that all can enjoy, complete with a variety of contests, entertainment, food demonstrations, fun Festivals every month making this Market the ideal place to engage in a multitude of experiences.

Make sure you include a trip to any of our Markets on your visit to the Okanagan. Please check our Facebook or Instagram page for Festival dates, contests, giveaways, and much more.

See you at the Market!





Downtown Satellite Market St. Paul Street - Downtown

June - September • Sundays, 9am-2pm

#### **Indoor Winter Market Parkinson Recreation Center**

November - March • Saturdays, 9am-1pm

250 - 878 - 5029 CHECK WEBSITE FOR DATES www.kelownafarmersandcraftersmarket.com



#### Oct 27

Monster Bash 1-4pm

#### **NOVEMBER**

#### Nov 3

Okanagan College Career Fair

#### Nov 11

#### DECEMBER

**Every Saturday Free Street** 

#### Dec TBA

Tree of Hope Light Up and Christmas Market Landmark Centre

**Prospera Place** craftculture.ca

#### Dec 7

Downtown Kelowna Winter Street Market ¢ Stuart Park \* 250-862-3515 downtownkelowna.com/ winterstreet

# **KETTLE VALLEY RAILWAY**

With so much to see and do around Kelowna, and so little time, one of the must sees is a hidden jewel that lays just a little jaunt out of town and a short drive up some forestry service roads. Historic Myra Canyon, part of the famous Kettle Valley Railway is a great adventure for all ages.

If your trek begins in downtown Kelowna, allow yourself approximately 30-40 minutes to drive upward spiral of an approximately 25 km. You'll climb to an elevation of about 4000 feet. (Lake Okanagan is about 1400 ft above sea level). The absolute hardiest of can cyclists challenge this steep terrain, but it is best travelled in the comfort of a tour company shuttle, or in a well fitting vehicle. Remember, if you are renting a vehicle and plan on cycling the KVR you must have a means of transporting your bikes. Pack water, snacks and warmer layers of breathable clothing as the weather can be a little cooler at higher elevations.

There are a few historical sights to see on the drive up. You will cross the spectacular Mission Creek

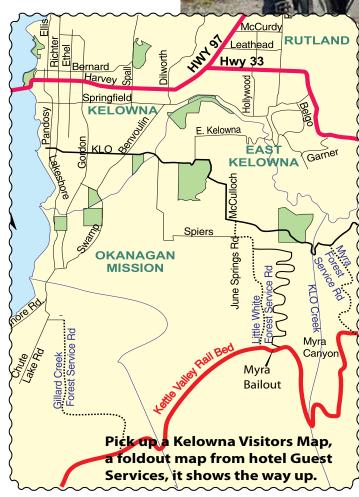
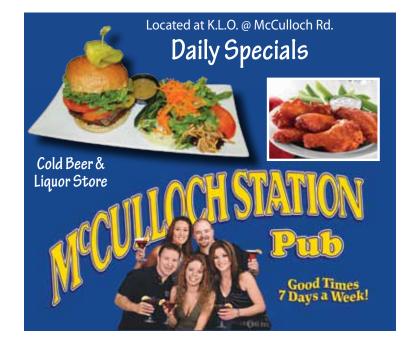


Photo by Myra Canyor Bike Rentals

linear park where, in the fall you can view the spawning Kokanee in action. You will pass through beautiful landscape and some magnificent overviews of Kelowna, overlooking golf courses such as Harvest and Orchard Greens. If you are looking for a meal on the way up or down, you drive right by both the Bunkhouse Bar & Grill and McCulloch Station Pub at the intersection where KLO Road ends and McCulloch Rd begins.

Keep your camera out, because as soon as you pass Gallagher's Golf Course you will be passing though what one may mistake for the end of civilization. Be careful on your drive ahead. For a short stretch the road is one lane, circling around the edge of a very steep canyon. After you pass the switchback, keep an eye out on your left; you will soon be in clear view of Layer Cake Mountain, also known as the Devils Staircase.

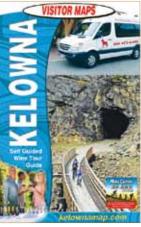
You should have now turned up the recommended road of travel to the KVR,



the gravel forestry road known as the Myra Forest Service Road which will take you up to the trail head parking lot at Myra Station. Little White forest service road is not recommended as the terrain and condition of the road is too challenging for most vehicles. You may see some local wildlife and even cattle grazing on the greenery along the road ahead. Kelowna Visitor map will show the way, get it from any hotel.

Once you are at the parking lot, don't forget to use the outdoor bathroom facilities, as it will be quite some time before you see another.

Along the way are plenty of information signs, a under roof information Kiosk, and too many absolutely amazing photo opportunities to list. If you drive up via Myra forest service road you can rent bikes at Myra Station from Myra Canyon bike rentals, Phone 250 878-8763.



## KETTLE VALLEY RAILWAY Now Rails & Trails

In 1885 the Canadian Pacific Railway was completed across Canada, the promise of which had brought British Columbia into Canada's confederation in 1871. However the rail line was too far north to be of much use to the people of the southern interior and a Kootenay to Coast Connection was on the minds of the people of southern BC. A railway was the answer to deter American miners helping themselves to the mineral riches being discovered in the Kootenays, close to the U.S. border.

Construction of the KVR was the result of the determination of KVR President J.J. Warren and CPR magnate Sir Thomas Shaughnessy. The job of building the five-hundred kilometer (325 mile) railway was given to chief engineer Andrew McCulloch, who was presented with the Herculean task of creating one of the most difficult railways ever constructed. The line which snaked its way over and around three mountain ranges connected the area from Midway in the Kootenays to Hope in the Fraser Canyon. McCulloch had his work cut out for him when he reached Myra Canyon above Kelowna. Undaunted he engineered the construction of 18 trestles and 2 tunnels from Mile 85 to Mile 90.4. The famous trestles were destroyed by fire in 2003 but have since been rebuilt as a national heritage site and component of the Trans-Canada Trail.

A major feature of the Kettle Valley Railway (still in use for trains today) is the Trout Creek Bridge —at 619 feet long and 238 feet high, it was the largest steel girder bridge on the KVR and the third largest in North America at the time it was built in 1913, located in Summerland.

## There are four museums operated by the

Kelowna Museums Society (KMS)—a not-for-profit organization that promotes interest and awareness of the natural, cultural, agricultural, athletic, and military heritages of the Okanagan region. Located downtown in the heart of Kelowna's Cultural District, the Kelowna Museums offer a wide selection of exhibitions, educational and public programs, and special events.

KMS is composed of five museums: Okanagan Heritage Museum, Okanagan Wine and Orchard Museum, Central Okanagan Sports Hall of Fame Museum, and Okanagan Military Museum.

You can visit three of the museums in a walking tour starting at the corner of Ellis Street and Queensway Avenue where you will find the *Okanagan Heritage Museum*. This museum documents the cultural and natural histories of the Okanagan, from the First Nation inhabitants to the earliest European settlers and onwards.

Next, head over to the *Okanagan Military Museum*, located inside the Memorial Arena on the corner of Ellis Street and Doyle Avenue. Here you'll find the preservation and awareness of Okanagan military heritage and a significant collection of small arms, uniforms, insignia, and equipment, including artefacts from every major war of the twentieth century. This museum is dedicated to the Okanagan men and women who have served Canada.

Finish your walking tour at the historic *Laurel Packinghouse*, Kelowna's first designated heritage building, located on the corner of Ellis Street and Cawston Avenue. The Laurel Packinghouse was

**KETTLE VALLEY** 

**STEAM RAILWAY** 

Okanagan's Heritage Railway

www.kettlevalleyrail.org Visit us in beautiful Summerland located 45 minutes south of Kelowna Book online or call Toll Free 1-877-494-8424 18404 Bathville Rd, Summerland



built of brick made from locally sourced clay in 1917-18. In its heyday, the Laurel was one of many fruit packinghouses that packed and shipped Okanagan tree fruits to markets across Canada and the world. It's now home to both the Okanagan Wine and Orchard Museum.

**The Okanagan Wine and Orchard Museum** explores the Okanagan's roots in the orchard and wine industries through engaging exhibits on irrigation, picking, packing, and more. Unearth the agricultural treasures that make our region unique. Vibrantly painted fruit crates, live bee hives and cherry pitting equipment are yours to explore. Discover how the booming Okanagan wine industry has diversified our landscape with stories of wine makers, entrepreneurs and local wineries. Uncover the rich history of two of our world-class industries along with the dedication involved in their success.

The Kelowna Museums' newest satellite location is the **Central Okanagan Sports Hall of Fame Museum**. This exhibit, located in the Capri Centre Mall (near the Canada Passport Office), features memorabilia from the Okanagan's sports champions that have been inducted into the Hall of Fame. Come see the history behind some of the Okanagan's very own Olympic athletes, world champions, and local heroes.

There is so much to learn about Kelowna and the Okanagan and about the people and events that have shaped our community. The Kelowna Museums Society encourages you to explore and discover something new. Admission to all museums is by donation, which supports education programming and exhibit development.



Voted a top family attraction.



Whether you're a first time putter or avid golfer, our 18 hole natural grass putting course offers endless amounts of family fun. Add to this an 18 hole mini golf course that is sure to excite the younger putters while providing an entertaining experience for all ages.

The perfect family adventure begins with 19 Greens. Walk the grounds, enjoy the sun and the magical lake view. Spend an enchanting evening playing under the stars. Conveniently located at the West of the bridge.





## A Rainy Day out there? Want out of the heat? We have lots in store for you inside!

The Energyplex is Kelowna's #1 indoor FAMILY FUN PLACE!!

With the Cube (a four-story playground), Trampoline Gym, 30

foot high Rock Climbing, Ballistix (Ball Shooting Arena), a 1250 sq ft Laser Tag area, Skytrax (8 element high ropes course), Arcade room, Movie Corner, Full Service Café and more, you will never run out of things to do! Fun for all ages, it's a must do activity with the whole family. Bungee Trampolines are right in front of the building during summer months. At the Energyplex kids, teens, families and groups can endlessly play, climb and energize. Socks required for all visitors. Free Wifi. Sorry, no outside food and drinks.



With 130 arcade games, rides, a roller coaster simulator, bumper cars, Go-Karts and batting cages the fun is non-stop at **Scandia Golf and Games**. Play Canada's largest mini-golf course – it's open till midnight all year round. See their ad and the Visitors Map for location. You might like the 2 for 1 golf coupon there.

At Planet Lazer your adventure begins when you walk through the door. Sign up at Command Central for your mission and exchange credits (that's dollars on Earth) for time allotments in the arena. Then it's time for 17 minutes of fast paced, music thumping, lazer tagging action. Visit planetlazerkelowna.com. Reservations are Recommended, Call 250-717-8260.

The region's largest shopping centre, **Orchard Park Mall** offers over 170 stores including fashions, accessories, shoes, beauty products, and electronics, as well as several food outlets in the food court. For more shopping head across the street to Orchard Plaza. It boasts over 75 shops, restaurants and services and has a Famous Players 5 screen cinema center. It is located at Harvey Avenue and Cooper Road.

**Don't forget the wineries.** Take a wine tour, see article on page 36. If you want to explore the wineries on your own, see

the article on Okanagan Wine Routes on page 25. Some wine tour companies will allow children from ages 12 to 18 to come on

the tour but not participate in the tasting. Children will be given a reduced rate.

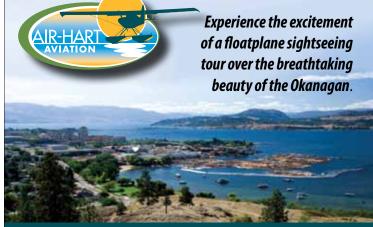


# Kelowna's #1 Indoor Fun Place





# Floatplane Sightseeing Tours



At the Delta Grand Okanagan 1348 Water St, (by Rose's Pub) WWW.AIR-HART.COM Call 250.762.9830 to book



## View the Okanagan from Above

British Columbia's Okanagan Valley had a lot going for it long before its vineyards began producing premium wines. For generations, outdoor enthusiasts have flocked here from across Canada, and even worldwide, to hike, bike, camp, boat, swim, fish, climb, golf and relax in the Okanagan' s lush landscape.

Just a few miles wide and 120 miles long, the Okanagan Valley owes its existence to a glacier that buried the place in ice a mile and a half thick about 15,000 years ago. The ice melted over the next several millennia, leaving behind deep lakes framed by mountains that rise 4,000 feet and more above the valley floor.

The centerepiece of the valley is Okanagan Lake, which stretches nearly 85 miles from north to south. On the mountains above it grow forests of spruce and fir, bunchgrass and ponderosa pine. On the lower hills, you' II discover rows of fruit trees and vineyards flourishing on fertile terraces. Along its length are frequent roadside fruit stands, communities such as Peachland and Summerland, and scores of provincial parks that provide lake access from beautiful beaches.

A rift valley surrounded by hanging valleys and glacial features, the Okanagan also features five extinct volcanos, including Mount Boucherie. Located in West Kelowna on the west shore of Okanagan Lake, opposite the city of Kelowna, Mt. Boucherie is the remnants of a former stratovolcano created nearly 60 million years ago. Between four and six different glacial periods over the past 50 million years have eroded the volcano to produce Mount Boucherie. Though it now only rises about 1370 feet above the nearby lake level, it is estimated to once have had an elevation of 6,560 ft or more and is truly a sight to be most appreciated from the air with Air-Hart Aviation' s floatplane sightseeing tours.

#### <u>Kelowna Panorama Tour</u>

Through Air-Hart Aviation' s 20-minute tour, you' II fly



over Mount Boucherie and be in awe of its magnificence as well as experience the beauty of Gallagher' s Canyon and the city of Kelowna—a perfect introduction to the Kelowna area and floatplane aviation.

#### Kalamalka Lake & Ogopogo Tour

This sightseeing tour will have you flying north over Lake Okanagan. You will search for the legendary "OGOPOGO" while soaring along the vineyards and orchards around Okanagan Centre. You will continue north to Kalamalka Lake, rated by National Geographic as one of the ten most beautiful lakes in the world. This "lake of many colors," that changes from dark blue to emerald green, is a sight to behold.

#### South Okanagan & High Country Sightseeing Tour

The beauty and magnitude of Lake Okanagan and the spectacular Okanagan back country are seen on this sightseeing tour. The tour takes you over the quaint lakeside towns of Peachland and Summerland on the way to Penticton. Penticton, which means A Place to Live Forever, is nestled between Lake Okanagan and Skaha Lake and the view of this area is an absolute spectacle. You' II also see an abundance of wildlife that gives this area a special flair. Little White Mountain, Idabel Lake and McCullock Lake are seen before the tour begins its trek toward home. This is truly a wonderful look at the Okanagan.

Air-Hart Aviation is located at the Delta Grand Okanagan Resort. For more information about Air-Hart's floatplane sightseeing tours, visit www.air-hart.com or call 250.762.9830.

# Flying High With Valhalla Helicopters

Valhalla Helicopters has been locally owned and operated since 2003. We offer unique and often jaw-dropping experiences that many have described as "Bucket List" adventures. Valhalla operates a fleet of Bell 206 Jet Rangers, Bell 205++ and Bell 212 HP Helicopters. We create over the top adventures for our guests complete with a rush of adrenaline! Valhalla Helicopters offers a large variety of tours, choose from scenic, picnic, wine tours, wedding proposals or even say "I do" on top of a remote location!



#### You sip, We soar!

Arrive in style on one of our Heli Wine Tours! We wanted to create an "Over the Top, One of a Kind" experience for our guests so we partnered up with over 30 unique wineries across the Okanagan to bring you that "once in a lifetime" wine lovers experience!



The full day Heli wine tour is a six hour experience. Our guests can choose from four different wineries from our list, allowing time for a gourmet lunch stop at one of the mouth watering bistro's along the way. The half day wine tour is a three hour experience where guests choose two of their favourite wineries to visit from our list. Additional tours of winery grounds or lunches can be accommodated upon request to either tour.

Call or visit our website. We offer a wide variety of scenic tours that offer something for everyone, all of our tours are fully customizable to suit your specific needs.

Let us help you plan your ultimate adventure!

# Stip and Soar on an exhibarating Heli-Wine Tour



Buckle up for a high-flying Heli-Wine tour that seamlessly pairs an exhilarating sight-seeing excursion with the fruits of the valley's labour. Full & half day options available, as well as helicopter charter for sightseeing, hiking, biking, alpine picnics, fishing, proposals, weddings and other special occasions. Make the impossible a reality.

E: tours@valhallahelicopters.com www.valhallahelicopters.com

# Central Okanagan Wine Routes

With acres of high-quality vineyards and over 200 wineries, the Okanagan has become one of the ultra-premium wine producing regions in the world. There are options for every palette: red or white, sweet or dry, large and long established wineries to small, intimate family farms.

Within these offerings, there are 6 wine routes within driving distance of Kelowna, including two in Kelowna itself, one just North of here in Lake Country, one across the bridge in West Kelowna and two wine routes just 30 to 40 minutes south in Summerland and Naramata. For the first 4 wine routes, pick up a copy of Tourism Kelowna's Wine Trails brochure for great information on winery opening and closing times, as well as the type of facilities available at each.

#### The Kelowna Fab Five on the South East Bench

Charming, intimate, funky and fun - the perfect words to describe the 4 boutique wineries along the FabFive Wine Trail. "Five miles of grape fun" await you. Situated in the rolling hills of East Kelowna, the FabFive consists of House of Rose Winery, Camelot, The View and Spierhead. Within five miles of each other, they are an alluring group of family owned and operated wineries that highlight what the Kelowna area has to offer in terms of





wine and hospitality. A knight in shining armour, a twenty-foot high rose and a sexy red shoe are just a few discoveries you will make along the way. It's a truly unforgettable afternoon of wine tasting on Kelowna's doorstep. All offer small bites, House of Rose has a beautiful picnic area where you can bring your own food as well. Check out: www.kelownafabfive.ca

#### Lakeshore Kelowna Wine Route

Discover the heritage of the Okanagan's oldest vineyards and wineries along the Lakeshore Wine Route. Featuring a terroir-driven line of wines made from Riesling, Pinot Noir, and Chardonnay grapes, there are five wineries along this route: Tantalus, Summerhill Organic Winery, St Hubertus and Oak Bay Winery, Cedar Creek and Sperling. Gorgeous vineyard views



overlooking Lake Okanagan and the city await you on the way. Both Summerhill and Cedar Creek offer restaurants, with stunning views of the lake, so a great place to have lunch. Check out: www.lakeshorewineries.ca





5445 Lakeshore Road, Kelowna | Restaurant (250) 980-4663 | Winery (778) 738-1020 | CEDARCREEK.BC.CA



The above two tours can be done one after the other. Or, they can be extended to add Sandhill Winery (one of the oldest wineries in BC, located in downtown Kelowna).

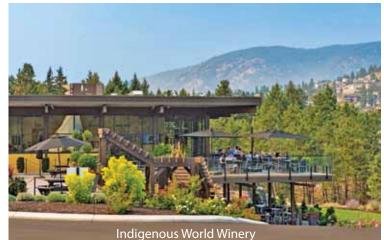


#### Lake Country Scenic Sip

The Scenic Sip wineries are located in North Kelowna by the airport and further north into Lake Country. With a diversity of microclimates, many vineyards are positioned on benches of land overlooking Okanagan Lake. This means some spectacular views both at the wineries and driving along the way. The area is mostly planted with Pinot Noir, Pinot Gris and Riesling grapes. Wineries found here include: Ancient Hills, Arrowleaf, Blind Tiger, Ex Nihilo, Gray Monk, Intrigue and 50th Parallel. Several of these wineries have restaurants and most offer some picnic food choices. Check out: www.scenicsip.ca

#### West Kelowna Wine Tour

Just across the lake, you'll find the town of West Kelowna, home to 13 wineries. The Westside Wine Trail includes some of the oldest and established vineyards and wineries in the Okanagan Valley. Many of them are bunched around Mount Boucherie, an extinct volcano with rich volcanic soil. Rolling hills of vineyards, scenic lake views and leisurely rural roads provide an idyllic backdrop for discovering local flavours one sip at a time. From small family to large estate wineries, there is something for everyone.



Wineries include Mission Hill, Kalala Organic

Hill. Kalala Winery, Off the Grid (also organic), Volcanic Hills, Mount Boucherie, the Hatch, Indigenous Winery, Ciao Bella, Grizzli, Little Straw, Rollingdale, Beaumont (organic) and Quails Gate Winery. Several of these wineries have restaurants and most offer some picnic choices. food www. thewestsidewinetrail.com

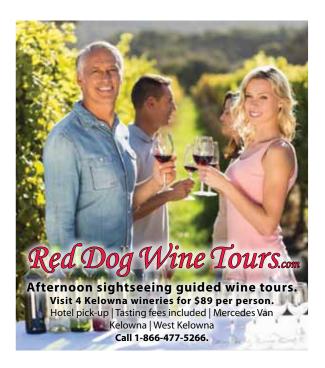
The art at the Hatch is something eccentric, something polarizing, unique, weird, powerful, genuine and most of all: artistic. Artist Paul Morstad.



For further information about wine touring see the article What you should know before you go on a self guided tour (Page 28. A great way to see these wineries is in a chauffeured, air conditioned mini van - see Take a Guided Wine tour (Page 29) for more information.



Created by Phil Lewis, the art on The Vibrant Wine bottles is, well.... UNIQUE!





# Wine Tourism and the Okanagan Wine Festivals

To plan your trip around some great wine events, check out The Okanagan Wine Festivals Society (OWFS). The OWFS has hundreds of year-round offerings, including three annual signature events: The Winter Okanagan Wine Festival (Jan 2020), Spring Okanagan Wine Festival (May 1 - 12th 2019), and Fall Okanagan Wine Festival (October 2019); the latter is ranked among the Top 100 Events by the American Tourism Association. Featuring fine dining, wine tastings, tours, exhibits, performances, recreational opportunities, and even old-world grape stomps, these festivals showcase

incredible wines while enhancing the Valley's social and cultural landscape. Visit www.thewinefestivals.com for information about the Okanagan's wine industry, the Okanagan Wine Festivals Society, and upcoming Wine Festivals events





# What you should know before you go on a Self Guided Wine Tour.



**You may have seen a picture** or an ad for a winery in a tourism publication that looks like one you wish to visit. Or tasted their wine at home or at friends so want to see where it is made. Combine your must sees with the wine routes available. This will make the most efficient use of your time. Read ahead about the wineries if you can as there are a lot to choose from – with over 40 wineries in Kelowna, Lake Country and West Kelowna alone. Try to combine large and small, so you get to see a wide variety of wineries. The size of wineries vary greatly in this area, from Mission Hill, the largest by far doing well over 100,000 cases down to small, family run places producing 1000 cases.

Start by picking up a fold out "Kelowna Visitors Map" from any hotel or tourism outlet. It shows the location of every winery in the greater Kelowna area. Talk to the friendly guest services staff to help you sort out the ones to visit. They may have some good suggestions, as many will have been to some of the wineries in the area. The Kelowna Visitors Map has links to wine route maps that can be used with your smartphone GPS and navigation.

Wineries tasting fees vary, usually ranging between \$3 and \$5 per guest, but can be as high as \$15 per person. Tasting fees are often waived with purchase. You will taste 4 or 5 wines and consume a minimum of 15 ml (about a tablespoon or 1/2 ounce) of each wine. With four samples, that is at least ½ a glass of wine per person, per winery. Ice wines are more expensive and may not be included in the standard tasting fee. If you wish to taste with a food pairing, you can at some wineries for \$20 to \$25 per guest. This may include three -3oz wine tasters and a cheese and charcuterie platter. In this case you would be consuming 1.5 glasses of wine at one winery.



Self-Guided touring is a good choice if you are planning on visiting one or two wineries. Some people will be legally intoxicated or at least impaired after doing tastings at 4 wineries, the equivalent of at least 2 glasses of wine. A designated driver should be planned for in those cases. In BC there are serious consequences if you're caught driving with a blood-alcohol content above 0.05. These include steep fines, having your license suspended, and even losing your car. If you want to visit several wineries, and not worry about one of you being a designated driver, consider the option of a guided wine tour.

Wine shops and tasting rooms at the winery typically open between 10 and 11 am. If you start out in the morning, after you visit a couple of wineries it is a good idea to stop for lunch. If you plan ahead you can make reservations at one of the winery's restaurants. If you choose a restaurant not at a winery and along the route, reservations are typically not required. Guided wine tour companies are required to call wineries ahead of time to schedule tastings for their group or make lunch reservations at the winery. Small groups of 4 or 5 don't need to call the winery ahead of time for a tasting and it is not expected from non-guided tour groups.

Winery Restaurants vary in fare from fine dining to salads, appetizers, and charcuterie or cheese plates. Some wineries without a restaurant will have a picnic area where you can bring your own picnic lunch or you can purchase cheese, meat and crackers or sandwiches from their deli counter or fridge. At the wineries with the picnic areas you can consume wine purchased at the winery, they will provide glasses. You are legally allowed to take home the rest of the bottle to enjoy later.



Purchasing wine on the tour is recommended. Much, if not all, of the wine produced by the small wineries is sold through their wine shop. Many wineries don't produce enough for liquor store distribution. Even those who sell in private stores or grocery stores will often have a few wines that are only available at their wine shop. You may find an award winning wine or one that particularly suites your taste that you can only get at that wine shop. Buy a bottle or a case at each winery if you find something you like. Or arrange to have it shipped home if you live in Canada. Most wineries cannot ship outside the country.

Remember – wine does NOT like the heat! Do not put this precious cargo in your trunk on a hot day. Either store it inside with the air con on or bring a cooler and some ice from the hotel. Wine tour companies typically provide cooler storage in their vans or buses for their clients' purchases.

# Take a Guided Wine Tour

#### Why take a guided wine tour in Kelowna? Give yourself a holiday within a holiday.

Why? You won't get lost on all those beautiful, but curvy and often poorly marked, back roads. You'll go to the wineries that match your personal preferences, particularly if there are certain varietals or wine styles that you love. You will not have to be a designated driver! Be aware that impaired driving rules are stricter in BC than elsewhere in Canada – it's 0.5 here. Best of all, you can sit back and relax and let someone else navigate in a luxury, air conditioned van with lots of room to store your wine. It's completely stress free!



They'll show you the special hidden gems, the new, the historic and the 'tried and true' wineries to visit. Sip old and new world varieties, try the Okanagan's crisp whites and be sure to taste at least one Ice Wine, a BC specialty.

Your tour company can map out where to go first and last, because they know who is open early and late. Tap into this local knowledge; let the pros do the legwork. Most tour company's offer a variety of tours to choose from. Can't decide which winery to visit? Guided Winery Tours Operators can build a customized wine tour just for you.

If it's a private tasting or unique experiences you are after, look for a tour company that offers custom tours. Note that there can be a difference between a custom tour and a private one. If you want the vehicle to yourself you may have to pay more. Make the most of your time. Go home happy with all the right wines and, best of all, the bragging rights.

If you want something really special ask for a private and customized tour. Many tour companies know who to talk to at the winery to give you the behind-the-scenes perspective with a barrel tasting, or to make sure you meet the winery owner or winemaker.

Best of all, it's easy to do. You can book on line or by phoning the tour company. They will pick you up at your hotel, rented condo, or B and B. Tours usually range from half a day to a full day, depending upon where you want to go and how many wineries you'd like to stop at along the way. You may be able to arrange for a tour of one or more of the wineries or vineyards.

Your tasting fees are normally included in the cost of the tour, but be sure to ask when you book. Know that prepaid tasting fees most often include 2 to 4 wines, and rarely include specialty wines. If you want to taste an Ice Wine (which you should) you will likely have to pay for it directly at the winery. When comparing companies ask what all is included, so you know exactly what you are getting for the price. Ask how many wineries the tour includes and how many wine tastings at each. Ask if the guide gives information along the way. Ask how many people the van holds. All these things can affect your experience – so it is good to be aware and be prepared.



#### What type of tour should I take? Day – Afternoon – Dinner Tours.

Most tour operators will offer a variety of tours, so it is really up to you what you prefer. Afternoon tours are great, particularly if are hoping to go on a tour today. Afternoon tours are the perfect balance – you can sleep in and relax before you head out (or do something else in the morning) and you will not be exhausted when you return. Not only that, you usually visit the same number of wineries as on a day tour, and it is less expensive.

**Afternoon Wine Tours** Pickup from the hotel is typically around 1 pm to 2 pm, allowing you to sleep in or do something else in the morning, and have lunch at a place of your choosing before the tour starts. These tours typically run 3.5 to 4.5 hours. You will normally visit 4 wineries, as on the day tour. Because of the shorter duration of the tour you will be less tired and more likely to enjoy another outing in the evening. With the mornings free, you can enjoy a visit to the beach, shopping or other activities before you set off. Tours can be booked the same day and up to 30 minutes before pickup time with some operators like Red Dog Wine Tours. Call 1-866-477-5266.

**Day Wine Tour** pickup time will vary from 9 am to 11 am. The tour will typically start with a tasting at one or two wineries and go to a restaurant located at one of the wineries. Lunch will last 1 to 1.5 hours and will not be included in the tour fee. Budget an additional \$30 to \$50 per person for lunch. The tour will finish off with visits to two, or perhaps three, more wineries. The tour times will be from 5 to 7 hours. Because lunch reservations need to be made in advance, these tours typically require bookings several days or sometimes weeks ahead of time. They will cost more than afternoon tours due to their length.

**Dinner Wine Tours** pickup from your hotel anytime between 2 and 5 pm. The number of wineries visited and dinner venue vary; call the tour operator for details. Because dinner reservations need to be made in advance, these tours typically require bookings days or weeks in advance. Make sure to ask the tour operator about the cost of dinner so you are prepared, as it will not be included in the fee.

Let a guide with local knowledge take you around to our Kelowna wineries, give you the story on each winery and Kelowna's wine industry, and be your designated driver. You just can't beat it.

#### Written by: Aura Rose

# Touring Kelowna and West Kelowna by Bike or on foot.

Cycling is a great way to get around the city, surrounding countryside and the mountain trails. It is the most efficient mode of transportation ever developed. Kelowna now has over 300 kms of on street bike lanes and over 40 kms of separated, paved, multi-use paths. If you prefer, the routes detailed below are perfectly suited for touring by foot. Get some exercise, feel healthier and experience the beautiful Okanagan in a new way. The city now has Dropbikes – bright orange bicycles that you can rent in several places and drop off elsewhere. Seewww.dropbike.co for how it works. Or, you can rent a bike in the city close to the city of Kelowna's many bicycle routes, rent on location in places like the Myra Canyon Trestles up in the mountains south of the city, or rent in the city and get a shuttle up to the trestles. See the article on page 19.



Bicycle routes extend all the way from the Airport in the North end to orchards and wineries in the south. In West Kelowna the Gellatly Bay waterfront area is a great place to bike or walk on a level path along the lake. Pick up a "Kelowna Visitors Map" from the guest service staff in the hotel, it has bicycle routes shown as red dotted lines alongside the roads. It also shows some routes that pass through a few of the cities many waterfront parks. Alternatively you can go to www.kelownamap. com and view the bicycle route map on your mobile device. Get a Kelowna Visitors Map from the hotel front desk now and start planning your route.

#### Here are some suggestions:

Biking the Kelowna lake front. Start your trip from South Pandosy or the downtown Lakefront Promenade. You can rent a bike at Lakefront Sports Center, located right on the Lakefront Promenade by the Grand Hotel. The whole downtown lakefront is a bicycle friendly zone and connects up to Abbott Street, a popular biking path through the residential neighborhood along the lake The Lakefront Promenade bike path goes right through City Park along the beach, passing under the bridge to access Abbott Street. Stop along Abbott and read the history of some of these old, heritage homes. Keep an eye out for little beach access parks along Abbott, usually located at the point where a road ends at the lake, a great place for a picnic along the way. Continue past several city beach parks until you come to a

small bridge over Mission Creek. There you will find the entrance to the Mission Creek Greenway. It is a level gravel path meandering along Mission Creek, a great place to be on a hot day. After 5.8 km you reach the EECO Center on Springfield Rd located at Mission Creek Regional park. From there you can take Springfield Road back to either downtown or Pandosy Street, passing Orchard Park Mall, or continue for several more kilometers up the Greenway into East Kelowna. Near the end of the bike path in East Kelowna is the Mission Creek Mountain Bike Skills Park, a great place for some fun on wheels. Myra-Bellevue Provincial Park is located at the end of Stewart Road in the upper Mission area of Kelowna (right beside Crawford Estates). At the four-way stop drive straight through (now on Stewart Road) to the end/park entrance and park in the upper parking area. Myra-Bellevue is a treasure trove of trails with riding suitable for all levels or disciplines. This is by far the most extensive network in the area. There are endless combinations of cross country/all mountain loops as well as technical all natural downhill's (Vapour Trial to Connector to Heckle or Rocky Screech is a favorite that can be shuttled via June Springs Road), get your map from Tourism Kelowna located on HWY 97.

Knox Mountain Park is located just North of downtown Kelowna. If you start from the Lakefront Promenade to the Rotary Marshes you can connect with the city bike route North to the foot of Knox Mountain. See the article on page 38 for more details. The road that winds up the mountain plays host to the Knox Mountain Hill Climb, an annual event. Take your camera, because you will get spectacular views of the city. Once near the top of the mountain you can connect to Clifton Ave via Rio Drive and take a route down through Glenmore and explore the Northern part of the City.

The most recent addition to the numerous area bike trails, is the Okanagan Rail Trail. With a total length of 50 km starting in downtown Kelowna and ending at the north end of Kalamalka Lake, it's a truly unique experience. Because it is being built on an old railway line, the trail has a maximum grade of 1.3%, so biking or walking the trail is a breeze. Enjoy scenic views along the way with 24 km of the trail right along lakefronts, creeks, and natural habitats.

Please note, some small sections of the Okanagan Rail Trail are still under construction. Visit okanaganrailtrail.ca for updates.

#### **Major Recreational Facilities**

With a number of recreation facilities in Kelowna and one in West Kelowna, you're sure to find a great location for a swim, work-out, fitness class and more. Starting from the North end of the city, the four major recreation centres are:

Kelowna Family Y @ 375 Hartman Road. Features: 25M swimming pool, diving tank, leisure pool, hot tub, saunas, cardio centre, circuit and weight training, group fitness and aqua-fitness classes, party room rentals and multi-purpose rooms. Call the Kelowna Family 'Y' at (250) 491-YMCA (9622). Also see H2O ad and article on page 30.

Parkinson Recreation Centre @ 1800 Parkinson Way. Features: 25M swimming pool, leisure pool, steam room, whirlpool, gymnasium, cardio & weight rooms, activity rooms, fitness classes, meeting/activity/party room rentals, banquet.

Capital News Centre @ 4105 Gordon Drive, Features: Two indoor artificial turf fields, 2 NHL sized arenas, an indoor running track and fitness facility. Additional amenities include a physiotherapy clinic, library, concession, fully licensed restaurant and several meeting and tournament offices. Call the Capital News Centre at (250) 764-6288

H2O – beside the Capital News Centre. Features: an Olympic-size pool, waterslides, a kids play area and a river run zone, diving boards, 50M and 25M lane swimming, a surf simulator known as the FlowRider®, a steam room and two hot tubs. Also has a cardio centre, circuit and weight training, group fitness and aqua-fitness classes, party room rentals and multi-purpose rooms. Call (250) 491-YMCA (9622)

Johnson-Bently Memorial Aquatic Centre @ 3737 Old Okanagan Highway, West Kelowna. Features: Pool, fitness room, swimming and fitness classes, activity arid meeting room. Call The Johnson-Bentley Memorial Aquatic Centre at (250) 768-4442..

#### UBC Campus

**Mission Creek Greenway** 

Locals and visitors alike appreciate one of the Okanagan's most accessible wilderness paths as it winds along Mission Creek, starting at Lakeshore Road (between Cook Road and Lexington) and extending all the way to just below Gallaghers Canyon in East Kelowna. The Greenway protects 400 acres of park and provides an important link to the wilderness areas above the city. The first 7.5 km are flat and wide, popular with cyclists, dog walkers, runners and equestrian riders.

The remaining 9.5 kms of the trail are challenging and rise above the canyon at two different locations. The reward of exploring the most eastern portion of the trail is a spectacular view filled with cedar groves, an eagle's view of the winding creek and some of the most remarkable geology in the valley.

There are several locations from which you can access the Greenway. At the Springfield Road entrance to the park, you will find the EECO CENTRE (ENVIRONMENTAL EDUCATION FOR THE CENTRAL OKANAGAN).

#### **Knox Mountain Park**

Minutes from downtown, at the north end of Ellis Street, you will find Kelowna's premiere natural park, Knox Mountain. The Park comprises 235 hectares (580 acres) of environmentally sensitive, Ponderosa Pine forest and grassland. It is home to a variety of animal and plant life, some of which are endangered species. Kokanee salmon spawn along the lakeshore adjacent to the park.



It offers scenic vistas of the city and lake and recreational opportunities for people of all ages. There are a variety of trails with a range of difficulties for walking, hiking and mountain bike riding. The Paul's Tomb trail of the park is perfect for the more adventurous. There are also several lookout kiosks on the Mountain including the recently constructed Pioneers' Pavilion. Some trails lead right down to the lake for a cooling swim. Though named after Arthur Booth Knox, an early rancher in the area, most of the land for the Park was given to the City in 1939 by Dr Benjamin deFurlong Boyce, Kelowna's first physician. The park is open to vehicle traffic from March 15 to November 15, dependent on weather conditions. Maps of the park and trails are on a kiosk display in the park. Detailed trail maps are also available from the City of Kelowna Parks Department, 1 359 KLO Road and the Tourism Kelowna Visitor's Centre at 238 Queensway Ave.

#### UBC

UBC's Okanagan campus opened its doors in 2005, and has since earned a reputation as an intimate learning community powered by tier-one research and world-class teaching.

What started as a 3,500-student population five years has grown to 10,000 students. As the campus expands with new, custom facilities, so too does the research capacity and the potential of students who work actively alongside faculty.

UBC's Okanagan library shares in an elaborate information storehouse that boasts 5.8 million volumes, 5.3 million microforms, more than 833,000 maps, audio, video and graphic materials, and more than

80,000 serial titles. Visitors find a warm, welcoming atmosphere and wide-ranging resources that include more than 100 computers for individual and group study, plus quiet spaces for concentrated learning.

Through interdisciplinary study in the sciences, social sciences and humanities, the Irving K. Barber School of Arts and Sciences educates global citizens who value diversity and equality, avoid environmental degradation, and contribute to society in all its forms.

In the Faculty of Creative and Critical Studies (FCCS), the unexpected and even peculiar—is not only encouraged but celebrated. FCCS brings together traditional disciplines related to the creation and analysis of all forms of art, offering innovative new paths of interdisciplinary graduate and undergraduate study.

The strength of the Faculty of Education lies in a belief that, together, faculty and students create an environment of academic excellence and personal growth. Professors know students by name and collaborate with them on meaningful initiatives that go beyond the basics to incorporate community-service learning and advocacy.

UBC's Faculty of Health and Social Development brings an integrated team approach to research and scholarship focusing on some of the most challenging health and social development issues of our time. Nursing, social work, health studies and human kinetics join forces to transform and ensure the well-being of our communities

Faculty of Management students are treated to a personalized learning environment, and take part in a variety of hands-on and experiential learning opportunities that will help them become global thinkers and leaders.

The School of Engineering offers students a fully-integrated experience in civil, electrical and mechanical concentrations that ensures they develop into well-rounded professionals who will thrive amidst the realities of the modern workplace.

UBC welcomes visitors to campus year-round to enjoy all the great food, recreation, architecture and other services and amenities the university has to offer. For more information, visit www.ubc.ca/okanagan.

#### Okanagan College

Okanagan College's mission is to transform lives and communities, which it's been doing since 1963. The college is now the second largest in BC outside of Victoria and the lower mainland, and serves over 20,000 students annually at its four main campuses in Kelowna, Penticton, Vernon, and Salmon Arm.

With a \$1 billion+ impact on the provincial economy, it's cemented itself as an indispensable, well-respected educational institution.

OC boasts over 120 certificate, diploma, university transfer courses, and degree programs in various disciplines, including arts and science, health and social development, engineering technology, business, continuing studies, and foundational programs for individuals looking to upgrade their skills.

Its trades program is the second largest in British Columbia, and in 2016 will welcome the grand opening of the new Trades Training Complex the largest, most comprehensive and environmentally sustainable facility between the lower mainland and Calgary.

Okanagan College is open to visitors year-round. For more information, visit http://www.okanagan.bc.ca/



# Red Dog Wine Tours.com

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Afternoon sightseeing guided wine tours. Visit 4 Kelowna wineries for \$89 per person. Hotel pick-up | Tasting fees included | Mercedes Van Late booking | Kelowna | West Kelowna Call 1-866-477-5266.